



Supporting Families and Children Through COVID-19 Selected Resources

As a catalyst, convener and coordinator of countywide prevention activities, Child Abuse Prevention Councils (CAPCs) are in a great position to help lead the response to COVID-19 in their communities. While children are no longer attending school in-person, or interacting with the counselors and other adults in their lives who would normally alert attention to any concerns about their well-being, the COVID-19 pandemic has created conditions that could lead to a rise in child abuse that could go unchecked.

Parents are often a child's first responder though many are in situations where they do not feel safe, or have histories that make them feel unsafe, causing it to become difficult to meet their own needs and the needs of their children.

This compilation of selected resources provides an overview of pertinent information for supporting families through the current COVID-19 pandemic in one central location to limit redundancy and provide ease of access. A brief description and direct link is provided for each resource.



CATALYST



CONVENER



COORDINATOR



Resource Title/Link	Resource Overview
<p>Strengthening Protection Measures for Children During the Pandemic</p> <p>For more information visit: <u>COVID-19: Children at Heightened Risk of Abuse, Neglect, Exploitation and Violence Amidst Intensifying Containment Measures</u></p>	<p>The Alliance for Child Protection in Humanitarian Action provides recommendations and steps to ensure the protection of children through prevention and control measures.</p>
<p>Opportunities to Develop New Community Partners and Find New Ways to Protect Children from Child Abuse and Neglect Amidst COVID-19</p> <p>For more information visit: <u>Responding to Child Abuse During a Pandemic: 25 Tips for MDTs</u></p>	<p>Many child protection professionals believe child abuse is likely to increase during the COVID-19 pandemic because most abusers are parents or siblings who now have more complete access to the child victim. In turn, the victim may no longer have school teachers, faith leaders or other mandated reporters they can access for help or who may detect a sign of abuse. Children may also have reduced access to medical and mental health providers. In responding to this concern, Zero Abuse Project provides tips Multi-Disciplinary Teams (MDTs) may wish to employ.</p>
<p>Strategies for Strengthening Protective Factors to Buffer Children from Harm and Increase Their Chances of Adapting Positively to Adversities such as the COVID-19 Pandemic</p> <p>For more information visit: <u>Ways to Promote Children’s Resilience to the COVID-19 Pandemic</u></p>	<p>Child Trends offers strategies and actions for both families and family strengthening workers to take to strengthen the Five Protective Factors; Sensitive, responsive caregiving, Meeting basic needs, Providing emotional support for children, Support for caregiver well-being, and Social connectedness.</p>
<p>Sustaining Mental and Behavioral Health Supports for Children and Youth</p> <p>For more information visit: <u>Response to COVID-19</u></p>	<p>Recommendations and resources created and/or endorsed by the California Children’s Trust to help sustain mental and behavioral health supports for children and youth during the COVID-19 pandemic.</p>



Resource Title/Link	Resource Overview
<p>Provisions of the CARES Act Stimulus Bill That Will Impact Youth and Family Services</p> <p>For more information visit: What's in The Coronavirus Stimulus for Youth and Family Services</p>	<p>The Chronicle of Social Change details the provisions of the \$2 trillion CARES Act stimulus bill including forgivable loan eligibility and employee retention, Child Welfare direct appropriations, child care funding, tax breaks for charitable giving, community development and recovery, and unemployment relief.</p>
<p>COVID-19 Guidance for Early Learning and Care Programs</p> <p>For more information visit: COVID-19 Guidance and Resources</p>	<p>The Early Learning and Care Division of the California Department of Education has created Management Bulletins (MB) to provide guidance and directives to early learning and care contractors during the COVID-19 pandemic. The webpage has been updated to include forms necessary to provide emergency childcare services to children of essential workers, children from at-risk populations, and children with disabilities or special health needs.</p>
<p>Tips for Preparing and Taking Action During COVID-19 at Home and Workplaces</p> <p>For more information visit: Schools, Workplaces & Community Locations</p>	<p>The Center for Disease Control and Protection provides tips for staying safe before and during an outbreak and how to prepare and take action for COVID-19 at home, at K-12 Schools and Child Care Programs, at Community and Father Based Organizations, and homeless shelters.</p>
<p>Talking with Children About COVID-19</p> <p>For more information visit: How Can Parents Talk to Children About COVID-19 and Its Impact? Managing Family Communications and Supporting Children in a Time of Uncertainty</p>	<p>Age and developmental stage-based descriptions for children are provided as well as recommendations and tips for what parents can do based on questions commonly asked by parents.</p>
<p>Protection from COVID-19 During Pregnancy</p> <p>For more information visit: Pregnancy and Breastfeeding FAQs</p>	<p>The Center for Disease Control and Protection provides information on how pregnant people can protect themselves from COVID-19, risks to the pregnancy and to the baby, mother-to-child transmission, and information regarding breastfeeding if a mother has COVID-19.</p>



Resources from CA Family Resource Association (CFRA)

CA-CARES Paycheck Protection Program: Provide funds to employers to pay staff and mitigate layoffs and furloughs

COVID-19 Emergency Loans: Checklist for small businesses and nonprofits: The Coronavirus Aid, Relief, and Economic Security (CARES) Act allocated \$350 billion to help small businesses and nonprofits keep workers employed amid the pandemic and economic downturn.

Essential Worker Childcare program: Governor Newsom issued an executive order on April 4th that makes it easier for preschools, family child care homes, school districts, after-school programs and other to provide child care for essential workers during this pandemic.

CA Coronavirus Response: Governor Gavin Newsom announced the launch of a new Novel Coronavirus (COVID-19) public awareness campaign to provide useful information to Californians and inform them of actions they can take to further prevent the spread of the virus.

COVID-19 for Nonprofits: California Association of Nonprofits has to put together resources for nonprofits to navigate through this time. Resources range from funding sources, to policy, to federal and state actions.

Children Now Resources: Children Now has compiled a list of resources that is updated regularly. This resource can be filtered by topic and easy to look through so that you can find the resources best suited for you and your organization.

Essential Duty Notice: Linda Stiles from the Child Abuse Prevention Center has created this notice for employees who may be stopped while driving to work. Use this as a template for your organization's need.

Census 2020 during COVID-19: The U.S. Census Bureau is carefully monitoring the coronavirus situation and will follow the guidance of federal, state and local health authorities.



For Additional Information:

- Visit the **California Department of Social Services webpage**, converted to a COVID-19 response page to serve as a clearinghouse to provide opportunities for connectivity and to provide links to resources and federal websites for support and information:
<https://www.cdss.ca.gov/>
- **Visit ACEs Aware** - an initiative led by the Office of the California Surgeon General and the Department of Health Care Services to give Medi-Cal providers training, clinical protocols, and payment for screening children and adults for ACEs:
<https://www.acesaware.org/>
- **Subscribe to your local ACEs Connection** to connect with people using trauma-informed/resilience-building practices and stay current with news, research, and events:
<https://www.acesconnection.com/>
- Review **Harvard's Center on the Developing Child's Guide to COVID-19 and Early Childhood Development** for information on COVID-19, what it means for child development, and easy-to-share resources that can help parents and caregivers, as well as child care providers and others who work with families:
<https://developingchild.harvard.edu/guide/a-guide-to-covid-19-and-early-childhood-development/>
- "The most powerful buffer in times of stress and distress is our social connectedness; so let's all remember to stay physically distant but emotionally close. Reach out and connect." Retrieved from the article below, where Dr. Bruce Perry, Child Psychologist and Trauma Expert, lays out clear and concise advice for parents (and those working with and supporting parents and families).
<https://www.psychologytoday.com/us/blog/pulling-through/202004/the-pandemic-toolkit-parents-need?eml>
For more COVID-19 resources by Dr. Perry and team, visit:
<https://www.neurosequential.com/covid-19-resources>
- Visit **Coronavirus, Kids and Families-The Chronicle's Coverage of Child Welfare and Juvenile Justice in a Time of Pandemic** to view a running thread that is updated as new developments arise:
<https://chronicleofsocialchange.org/coronavirus-kids-and-families>